An Easy Yoke, A Light Burden?  
Matt. 11:28-30

Introduction:
A. An invitation to a burdened people. (v. 28).
   1. Some burdened by Old Law. (Gal. 5:1,4).
   3. Some burdened by sin.
   4. Some burdened by difficulties of life.
B. An invitation to be unburdened and burdened at same time. (vv.29).
C. An invitation that raises some real questions that we might like to ask the Lord:

Discussion:
I. Lord, What Do You Mean — Easy and Light?
A. Look at burdens of Paul.
   1. Sacrifice a promising career. (cf. Phil. 3:5-7).
   2. Exposed to many dangers. (2 Cor. 11:23-29).
   3. Relinquished personal rights. (1 Cor. 8:13-9:13).
B. Look at burdens of many early Christians.
   1. Hardships.
      b. Many went to jail. (Acts 4:1-4; 8:3; 16:25ff; 2 Cor. 11:23).
      c. Many gave up livelihood (Acts 8; 19:17-19; cf. trade guilds).
   2. Duties.
      a. Expected to assemble, even when not convenient. (Acts 20:6,7; Heb. 10:25).
      b. Expected to always obey God, even against the norms of society (Phil. 2:12-15)

II. Lord, How Can These Burdens Be Made Light And Easy?
A. Not by casting off yoke and burden as some try to do:
   1. By denying or ignoring responsibilities.
B. Not by half-heartedly commitment–only increases burden.
   1. Know responsibility, but do not want to do it.
   2. Endure hardships, but constantly murmuring.
C. But, by following the Lord's example of self-emptying mentality. (v. 29; Phil 2:5-8).
   1. When one has obeyed all, thinks has only done his duty. (Lk. 17:10).
   2. When one has given all he can, wishes could give more. (2 Cor. 8:3-5).
   3. When one has given up whole world, thinks he has missed nothing. (Phil. 3:8).
   4. When one has suffered beyond measure, thinks it is light. (2 Cor. 4:17-5:1).
   5. Says, “Not my will, but thy will” in all things.

Conclusion:
A. Are you burdened by sin? Obey for the forgiveness of sin.
B. Are you burdened by demands of being a Christian? Empty yourself.
C. “Come unto me….”